

Skill-Based Treatment Rubric
(FTF Behavioral Consulting, Inc.)

Skill-Based Treatment	Context	Do:	Don't:
	Child's way	A. ___ Make many of your child's favorite items/activities available B. ___ Be available to and engaged with your child (close in proximity, not distracted) C. ___ Honor all possible requests for items, attention, or saying/doing things a certain way D. ___ If your child makes an unreasonable request, be honest and re-direct to the available options E. ___ Stay in your child's way until s/he is happy, relaxed, and engaged for at least 30 s	A. ___ Avoid giving instructions or asking questions B. ___ Don't correct your child C. ___ Don't manipulate your child's toys, unless following your child's lead
	Adult's way	F. ___ Give a clear instruction to end your child's way G. ___ Make all instructions clear, concise, specific H. ___ Use agreed-upon prompts to follow through on instructions if needed I. ___ Only allow access to materials relevant to task at hand J. ___ Only provide attention relevant to task at hand (prompting within the agreed-upon sequence; praise for cooperation)	D. ___ Don't <i>negotiate, argue, rationalize</i> or <i>cajole</i> E. ___ Don't comply with child attempts to lead instruction (e.g., "I want to clean up before I sit at the table") F. ___ Don't present instructions as questions/options G. ___ Don't change the task contingent on problem behavior—prompt the desired response and reinforce
	Transition from adult's way to child's way	K. ___ Moving from adult's way to child's way occurs following <i>functional communication, tolerance response, or cooperation</i> L. ___ Each skill "pays off" some of the time (reward each immediately on at least 1/5 opportunities) M. ___ Sometimes reward very small amounts of cooperation (1-2 instructions) N. ___ Prompt the skills if your child does not use them independently	H. ___ Don't foreshadow which skills will be reinforced or how much work will need to be done

Scoring: N/A if not applicable
Place a checkmark if adult performed item correctly on every opportunity (100%),
Place an 'x' if adult did not perform item correctly on all opportunities (<100%)

% of items with checks: Child's way: _____ Adult's way: _____ Transition: _____

Notes:

Skill-Based Treatment	Context	Do:	Don't:
	Child's way	A. _____ _____ B. _____ _____ C. _____ _____ D. _____ _____ E. _____ _____	A. _____ _____ B. _____ _____ C. _____ _____
	Adult's way	F. _____ _____ G. _____ _____ H. _____ _____ I. _____ _____ J. _____ _____	D. _____ _____ E. _____ _____ F. _____ _____ G. _____ _____
	Transition from adult's way to child's way	K. _____ _____ L. _____ _____ M. _____ _____ N. _____ _____	H. _____ _____ _____

Additional Comments: